

DAY OF SURGERY

Day of Surgery Checklist

Please follow every part of this checklist. Failure to do so will result in the delay or cancellation of your surgery.

- ✓ Follow the Food and Drink Requirements based on your scheduled arrival time.
- ✓ An ADULT (18 years or older) driver must be present to bring you home after surgery. The driver is expected to remain on the premises for the duration of the patient's visit. In the event the driver chooses to leave, he or she must stay within a one-mile radius of the facility & be available by cellphone. Most commonly, drivers choose to simply wait in their own vehicle.
- ✓ Please brush your teeth and shower. Abstain from applying any lotions, etc. Do not wear perfume.
- ✓ Do not wear contact lenses.
- ✓ Leave all valuables (jewelry, watches, hats, phones) at home or with your driver.
- ✓ Wear comfortable, loose fitting clothing (button tops recommended). No dresses.
- ✓ Bring a complete list of your current medications and dosages.
- ✓ Bring insurance card, picture ID and method of payment.
- ✓ In the event the patient is unable to consent due to dementia or questionable incompetency, please bring a copy of Medical Power of Attorney/Guardianship paperwork along with the authorized individual.

YOUR ARRIVAL TIME WILL BE GIVEN BY YOUR DOCTOR'S OFFICE. Please arrive on time. Call if you are delayed at 713-668-6828 EXT 2700. Please understand that your arrival time is **NOT** your surgery time, as many things need to happen before surgery begins. Schedule your day so that you and your driver allow **UP TO FOUR HOURS** for the entire process from check-in to discharge. Many factors affect your wait time, but please remember that the order of patients is determined by your surgeon's office.

Registration

When you arrive at Houston Eye Associates Surgery Center, you will need to check in at the reception desk and fill out any additional paperwork that is needed. Payment that is due **MUST** be paid at this time.

Pre-Op

You will be prepped for surgery in the pre-op area by one of our nurses. An anesthesiologist will complete your anesthesia evaluation at this time, answer questions, and administer necessary medications. The appropriate type of anesthesia will be determined by your surgeon in consultation with the anesthesiologist. You will then proceed to the operating room for your surgery.

Surgery

Your surgeon performs the surgery, assisted by our registered nurses and surgical technologists, while monitored by an anesthesia provider. During most surgeries, a plastic drape is placed over the eye followed by the use of a device which holds the eye open for surgery. You may feel water and pressure and might see some bright lights.

Recovery

When surgery is complete, you will be taken to the recovery room and attended by a nurse until you are ready to go home. The nurse will check your vital signs and administer medication for pain or nausea if necessary. When your nurse determines that you have met discharge criteria, you will be transferred to a wheelchair and assisted into your driver's vehicle to go home.

Your discharge instructions will be given to you by a nurse when signing consents in pre-op. You will also receive a paper copy for easy reference. Please follow your doctor's instructions. The nurse will call you the day following surgery to find out how you are doing.

If you have received anesthesia, you will only be allowed to leave the facility with a responsible adult, cannot drive for 24 hours, and must have a responsible adult in attendance with you for the first 24 hours following surgery.